

GUIDE TO SENIOR SERVICES



2011 Council on Senior Services
(COSS)

Fort Wayne and Allen County



Experts in Retirement Living & Senior Healthcare

We've created communities specifically designed to serve today's seniors by providing a multitude of lifestyle choices with integrated services and amenities. With our full continuum of care, we provide a home that remains home for as long as you like.

Call or visit us to see what we can do for you or someone you love!

- Garden Homes
- Independent and/or Assisted Living Apartments
- New Energy Wellness
- Moving Forward Rehabilitation

- Auguste's Cottage Memory Care
- Skilled Nursing Services
- Long-Term Care
- Hospice Care
- Respite Care



Autumn RIDGE

REHABILITATION CENTRE

600 Washington St.
Wabash, IN 46792
260-563-8402

Bethlehem WOODS

NURSING & REHABILITATION

4430 Elsdale Drive
Fort Wayne, IN 46835
260-485-8157

Betz NURSING HOME

116 Betz Rd.
Auburn, IN 46706
260-925-3814

Coventry MEADOWS

7843 W. Jefferson Blvd.
Fort Wayne, IN 46804
260-432-4848

Covington COMMONS

2601 Covington Commons Dr.
Fort Wayne, IN 46804
260-432-1932

Glenbrook

REHABILITATION & SKILLED
NURSING CENTER

3811 Pennell Ave.
Fort Wayne, IN 46805
260-482-4651

Heritage Park

2001 Hobson Rd.
Fort Wayne, IN 46805
260-484-9557

Markle

HEALTH & REHABILITATION

170 N. Tracy St.
Markle, IN 46770
260-758-2131

Summit City

NURSING & REHABILITATION

2940 N. Clinton St.
Ft. Wayne, IN 46805
260-484-0602

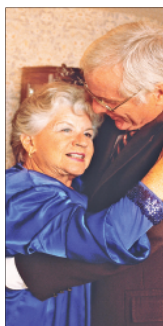


Live Life on Your Own Terms

PARK PLACE SENIOR LIVING

Fort Wayne's Newest Senior Living Community

PARK PLACE SENIOR LIVING is located in a parkland setting providing an elegant, peaceful resort-like atmosphere that fosters independence and self-esteem. Once you are in Park Place you can transition from active retirement to assisted living and still be in the tranquil resort-like atmosphere you have come to enjoy. A unique *Select Your Care* approach allows residents to live life on their own terms while enjoying the company of others. All of this in a community setting that creates a sense of pride for residents, staff, family and friends.



Park Place's Memory Care

PARK PLACE serves seniors who experience various forms of memory loss. Individuals are assessed to identify their cognitive and physical abilities. The Park Place staff takes this a step further. They learn about each person's unique life story to develop a comprehensive service plan. This is done with the family and ongoing family involvement is fostered and encouraged.

Both physical and emotional stimulation are then incorporated into the plan to support and maximize quality of life. A state of the art security system is provided which allows residents to live independently while remaining within the comfort of a secured environment.



Active Retirement ❖ Licensed Assisted Living ❖ Memory Care

4411 Park Place Drive • Fort Wayne, Indiana 46845 • Phone 260.480.2500 • www.parkplacelife.com

Attractive Amenities at Affordable Rental Rates



A Word from the President of the Council on Senior Services

By Suzi James

The Council on Senior Services (COSS) is a community council of professionals who work for and volunteer for agencies and businesses that serve senior citizens. The goal of COSS is to improve access to services for seniors in Allen County. This directory has been developed to educate senior citizens and professionals about the numerous services that exist.

Proceeds from the advertising sales in this directory pay for printing of the book and for grants to organizations that submit projects created for the health, education and/or welfare of seniors in our community. Grants awarded in 2010 included Adam and Bruce Apartments, Community Transportation Network, Allen County Council on Aging, Homebound Meals, A Day Away Adult Daycare, Allen County TRIAD, Aging and In Home Services, The Volunteer Center @ RSVP, Turnstone Center for Children and Adults with Disabilities, Northeast Indiana Radio Reading Services, League for the Blind and Disabled, Long Term Care Ombudsman, Senior Helpers, and Forensic Advocacy Center for Elders.

Organizations interested in placing an ad in the 2012 directory may contact Jill Headrick via e-mail at jheadrick@kingstonhealthcare.com.

Directories will be available for pickup at the Community Center, 233 W. Main St.; Volunteer Center @ RSVP, 3401 Lake Ave., Suite 4; Aging and In Home Services, 2927 Lake Ave., Kingston at Dupont, 1716 E. Dupont Rd. and Kingston Residence, 7515 Winchester Rd. To request a copy to be mailed to you, call the Allen County Council on Aging at 426-0060. The directory is also available on their website at www.allencoa.com.

The information in this book has been compiled through the efforts of volunteers. The Council on Senior Services (COSS) makes every attempt to ensure that the information is complete and accurate. COSS does not take responsibility for omissions or errors. Listings in this book do not imply endorsement.

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490-5111

COSS

COUNCIL ON SENIOR SERVICES

SENIOR INFORMATION SERVICES

Aging and In-Home Services of Northeast Indiana
(Area Agency on Aging) - Information and Assistance
2927 Lake Ave., FW 46805 www.agingihs.org ..**745-1200** or
.....**1-800-552-3662**

Serves counties of Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Whitley, Wells and Steuben. Aging and Disability Resource Center (ADRC) specializes in information and assistance for senior services. Accepts referrals for the following programs: Home Delivered Meals, In-Home Care, Government Programs, CHOICE (Community & Home Options to Institutional Care for the Elderly and Disabled), Medicaid Waiver for Elderly and Disabled, and Family Caregiver.

Allen County Council On Aging - Information and Referral
233 W. Main St., FW 46802 www.allencoa.com**426-0060**

Specializes in information and referral for seniors in Allen County. Senior Directory mailed upon request. Accepts referrals for following programs: Transportation (424-2010); Home Assistant Program; Handychores Program; TeleCare Program. Also provides a medical equipment loan program.

EMERGENCY/CRISIS SERVICES

Emergency (Fire, Police or Ambulance)911

Poison Control.....1-800-222-1222

Immediate information provided on poison ingestion or spills.

Non-Emergency/Crisis: First Call For Help211

Provides information on not-for-profits for the human services such as food pantries, clothing, housing, clinics, counseling, financial assistance programs and education.

Adult Protective Services (APS)

Reporting of abuse, neglect, self-neglect, and exploitation of seniors.....**449-7989**

or 911 after 4:30 p.m. if an emergency

American Red Cross of N.E. Indiana

1212 E. California Rd., FW 46825**484-9336**

Assistance with basic human needs for victims of disasters.

EMERGENCY/CRISIS SERVICES

Charis House

431 Fairmount Place, FW 46808426-8123

Women & Children shelter associated with Rescue Mission.
Food, shelter and supportive services toward self-sufficiency.
M, T, W, Th, F 6 am - 6 pm. Sat and Sun hours limited.

Community Harvest Food Bank

999 E. Tillman Rd., FW 46816447-3696

Services include: disaster relief, crisis food assistance, hunger workshops, SeniorPak, Community Cupboard, Farm Wagon, Kids Cafe, volunteer program.

Fort Wayne Rescue Mission

301 W. Superior, FW 46802426-7357

Shelter for homeless men. Open 24 hours..

Fort Wayne Sexual Assault Treatment Center

2270 Lake Ave., Ste. 201, FW 46805430-0369
or 423-2222

First response medical care and crisis intervention.

Fort Wayne Women's Bureau

3521 Lake Ave., Ste. 1, FW 46805424-7977

Crisis counseling for sexual assault & domestic violence.

Interfaith Hospitality Network

2925 E. State Blvd., FW 46805458-9772

Open 6 am - 6 pm. 7 days a week.

Poison Control1-800-222-1222

Immediate information provided on poison ingestion or spills.

The Salvation Army

2901 N. Clinton St., FW 46805744-2311

Thrift store items for victims of disasters; food and utility bill assistance.

Vincent House

2827 Holton Ave., FW 46806456-4172

Office open M - F 8 am - 5 pm.

YWCA Shelter for Women Victims of Violence

Open 24 hours447-7233

EMERGENCY/CRISIS SERVICES

Law Enforcement Offices

Allen County Sheriff's Department	449-7535
Allen County Prosecuting Attorney	449-7641
Allen County Crime Stoppers	436-7867
FW Police Department Desk Sergeant	427-1222
Indiana State Police	432-8661
Monroeville Police Department	623-6370
New Haven Police Department.....	748-7080
Roanoke Police Department	672-3202

ADULT DAY SERVICES

Adult Day Services provide social and some health services to adults who need supervised care in a safe place outside of the home during the day. This affords the caregivers respite from the demanding role as caregivers.

A Day Away Adult Daycare

1701 Freeman St., Ste. 3, FW 46802432-0011

Specializes in adults with Alzheimer's/dementia. Serves all seniors. Open 6 am - 5:30 pm M - F. Respite 1 weekend each month.



A Compassionate Community for Adults

3711 Rupp Drive, Suite 106
Fort Wayne, IN 46815
(260) 483-2888



ResCare Adult Day Center provides a safe environment for your loved one who should not stay home alone during the day. Our center provides structured physical and cognitive stimulation through activities such as music, dancing, pet therapy, exercise, reminiscing therapy, crafts and social outings.

Our hours of business are 8 a.m. to 5 p.m., Monday through Friday. Please call (260) 483-2888 for more information.

Let us care for your loved one with respect, care and dignity.

**Ask about our certificate for ONE COMPLIMENTARY DAY (8hrs)
of compassionate, supervised care at ResCare Adult Day Center in Fort Wayne, IN.**

ADULT DAY SERVICES

LS2 Ventures Caregiver Consultants

2402 Beacon St., FW 46805484-4212

Open 6:30 am - 7 pm, Sat. 11 am - 5 pm. Serving adults 18+.

ResCare Adult Day Services

3711 Rupp Dr., Ste. 106, FW 46815483-2888

Serving frail elderly and those with Alzheimer's/dementia.

Open 7:30 am - 5 pm M - F. Open two Saturdays per month.

The Courtyard Club at St. Anne's

1900 Randallia, FW 46805399-3413

Turnstone Center for Children & Adults with Disabilities

3320 N. Clinton St., FW 46805483-2100

Specializes in adults with physical disabilities. 7:30 am - 5 pm.

THE CAREGIVER CONSULTANTS

Helping you be the caregiver you want to be

CARING for the CAREGIVER

Monday through Friday 6 am to 7 pm
Saturday 11 am to 5 pm

Homemaker & Attendant Care

Light Housekeeping
Meal Preparation
Personal Care
Personal Hygiene
Laundry
Errands

Adult Day Care

Planned Activities
Organic Gardening
Memory Exercise
Fall Prevention
Pet Therapy
Chapel Services
Outdoor Activities
Gourmet Meals

Adult Foster Care

Home Setting
Community Activities
24 Hr Supervision
Privacy & Care
Recreation
Outdoor Activities
Gourmet Meals

Call Caregiver Consultants Today

Free One Day Visit Approved By Aging and In Home Services
Medicaid and Veterans Administration • Transportation Available

260.484.4212

2402 Beacon Street, Fort Wayne, IN 46805

ADULT DAY SERVICES

Village of Heritage

12011 Whittern Rd., Monroeville 46773.....623-6440

Daycare services 7 am - 8 pm.

ADULT FOSTER CARE

Senior resides with a caregiver and up to two other individuals with physical or cognitive disabilities. Receive personal assistance in a home setting that is safe and secure. If eligible for the Medicaid Waiver, cost is covered as an alternative to nursing facility placement.

Edna Isiorho RN

2419 Loganberry Cove, FW 46818.....497-9908

or 418-9461

Medicaid Waiver and CHOICE approved provider. Also accepts private pay. Provides short term respite with availability. Private rooms.

ADVOCACY & LEGAL

(AARP) Chapter 187422-8470

Local chapter meets to discuss and advocate on senior issues.

Allen County Prosecuting Attorney

602 S. Calhoun St., FW 46802.....449-7641

Reporting of domestic violence.

Adult Protective Services449-7989

Reporting of abuse, neglect, self-neglect and exploitation of seniors.



A Day Away
Adult Daycare, Inc.

"The time you need and the care they deserve"

*Specializing in Alzheimer's
and Dementia Care*

Hours: 6 am - 5:30 pm Mon. - Fri.

Services A Day Away Offers:

- ♥ Monthly overnight respite
- ♥ Shower program
- ♥ Home cooked meals
- ♥ Socialization
- ♥ Stimulating activities
- ♥ Safe and secure home-like atmosphere
- ♥ Licensed professionals on staff

Call (260) 432-0011 for more information

visit our website adayaway.org

1701 Freeman St., Suite #3, Fort Wayne, IN 46802

ADVOCACY & LEGAL

Allen County Bar Association Lawyer Referral Service

924 S. Calhoun St., FW 46802423-2358

Allen County Bar Association Legal Line423-2358

Call T 5 - 7 pm. Offers 30 minute legal consult for a pre-paid fee.

Allen County TRIAD

2927 Lake Ave., FW 46805469-3036

Education on senior safety, medication safety. Provides unwanted medication collection program. See pages 65 and 83.

Forensic Advocacy Center for Elders (FACE)

2270 Lake Ave., Ste. 201, FW 46805432-2222

Fort Wayne Urban League

2135 S. Hanna St., #3, FW 46803745-3100

Indiana Legal Services

919 S. Harrison St., Ste. 200, FW 46802424-9155

Legal representation, consultation and advice for low income. Call T, W or Th 9 - 11 am.

Indiana Protection & Advocacy Services Commission

.....TTY: 1-800-838-1131 or 1-800-622-4845

Advocate for rights of people with disabilities.

Indiana Long Term Care Ombudsman

1832 E. Paulding Rd., FW 46816469-3161

Investigates concerns about nursing homes & other long term care facilities. Free & confidential.

National Academy of Elder Law Attorneys (NAELA)

.....1-703-942-5711

National Active & Retired Federal Employees (NARFE)

2125 Meridian St., FW 46808.....422-7925

Mission is to protect and improve the retirement benefits of federal retirees, employees and families. Call for local meeting.

ADVOCACY & LEGAL

The Senior Alliance496-9229

Providing senior services through a variety of area experts.

United Senior Action of Indiana

324 W. Morris St., Ste. 114, Indianapolis 46225

.....**1-800-495-0872**

Seniors advocating on senior issues. Call for meeting dates of Allen County Chapter.

Volunteer Lawyer Program of NE Indiana Inc.

904 S. Calhoun St., FW 46802.....**407-0917**

Pro bono attorneys for variety of legal matters, not criminal, for low income seniors.

ATTORNEYS

Members NAELA, National Association of Elder Law Attorneys

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.....**426-9706**

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.....**426-1300**

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.....**260-824-5566**

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Losing the Farm!**



Our Firm is dedicated to helping families who are overwhelmed or confused by all the decisions required to obtain the best quality of life for their loved ones.

- Elder Law
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- Wills
- Probate
- Medicaid & Estate Planning
- Special Needs Trusts
- Durable Powers of Attorney
- Advance Health Care Directives
- VA Benefits

FOR A FREE COPY OF SPECIAL REPORTS:

“Northeastern Indiana Nursing
Home, Assisted Living &
Hospice Guide”

Call, Email or Fax Us



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Elder Law Attorney



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CLOTHING BANKS

Anthony Wayne First Church of God
 6012 South Bend Dr., FW 46804432-3342
 M and W 9 - 11 am.

Love Church
 1331 E. Berry St., FW 46803422-8961
 W, Th, F for appointment. Leave message on machine.

BEERS MALLERS BACKS & SALIN, LLP

ELDER LAW

Nursing Home & Medicaid Planning
 Estate Planning & Administration
 Wills & Trusts, Veterans Benefits
 Living Wills, Powers of Attorney & Guardianship

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110 W. Berry Street
 Suite 1100
 Fort Wayne, IN 46802
 PH 260.426.9706
 FX 260.420.1314

108 W. Michigan St.
 LaGrange, IN 46761
 PH 260.463.4949
 FX 260.463.4905

2174 N. Pointe Dr
 Warsaw, IN 46582
 PH 574.267.4300
 FX 574.267.4343

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CLOTHING BANKS

Trinity United Methodist Church

609 Putman St., FW 46808422-7924

Thrift Store T,Th 10 am - 3:30 pm; Sat 10 am - 1 pm.

United Faith Presbyterian Church

1616 W. Main St., FW 46808424-5610

M and W 9 - 11 am. Small fee charged.

DENTAL

IPFW Dental Clinic

109 Neff Hall, 2101 E. Coliseum Blvd., FW 46805481-6575

Cleaning, fluoride, sealants and x-rays provided by dental hygiene students by appointment for nominal fee.

Isaac Knapp Dental Society

6415 Constitution Dr., FW 46804459-9441

Matthew 25 Dental Clinic

413 E. Jefferson Blvd., FW 46802426-3250

Neighborhood Health Clinic

1717 S. Calhoun St., FW 46802458-2641

Senior Smile Program

2927 Lake Ave., FW 46805745-1200

DEVELOPMENTAL DISABILITIES

Anthony Wayne Services (AWS)

8515 Bluffton Rd., FW 46809744-6145

Boeglin, Troyer & Gerardot, P.C.

WILLS	LIVING WILLS
TRUSTS	POWERS OF ATTORNEY
ASSET PROTECTION	GUARDIANSHIPS
ESTATES	ELDER LAW

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Tracy Troyer
Attorney



Jane Gerardot, Attorney
Certified Estate Planning
and Administration Specialist

7321 W. Jefferson Blvd. Fort Wayne, IN 46804 • 260/486-6016

CALL NOW TO MAKE AN APPOINTMENT

DEVELOPMENTAL DISABILITIES

Easter Seals ARC of Northeast Indiana

4919 Coldwater Rd., FW 46825456-4534

Help at Home, Inc.

307 W. VanBuren, Columbia City, IN 46725.....260-244-1951

Indiana Developmental Disabilities Services

219 W. Wayne St., FW 46802423-2571

DRIVING REHABILITATION

Provides a comprehensive evaluation and examination for elderly drivers to determine their safety in driving. Physician referral required.

Parkview Hospital Driver Rehabilitation

2622 Lake Ave., FW 46805460-3202

Parkview Rehab Outpatient Clinic.

Rehabilitation Hospital of Fort Wayne

7970 W. Jefferson Blvd., FW 46804435-6100

EDUCATIONAL/SOCIAL ACTIVITIES

Allen County Public Library

900 Library Plaza, FW 46802421-1200

Outreach Services - Home Delivery.....421-1237

Allen County TRIAD

2927 Lake Ave., FW 46805469-3036

Dupont Resource Center

2512 E. Dupont Rd., Ste 220, FW 46825416-3009

Health and prevention speakers.

Fort Wayne Department of Parks & Recreation Community Center

233 W. Main St., FW 46802427-6460

Variety of classes and activities.

IPFW Department of Continuing Education

2101 E. Coliseum Blvd., FW 46805481-6619

EDUCATIONAL/SOCIAL ACTIVITIES

Parkview Senior Services

10501 Corporate Dr., FW 46845373-7209
Health education and activities.

Purdue Cooperative Extension Service

4001 Crescent Ave., FW 46815481-6826
Allen County office. Answers questions on home and family.

Senior Circle

700 Broadway, FW 46802425-3087
St. Joseph Hospital, Medical Office Building. Health education and activities.

Wellspring Interfaith Social Services

1316 Broadway, FW 46802422-6618
Health education and activities. Lunch provided, no fee.

Parkview Seniors Club

offers many advantages
for its members.

- Educational programs by physicians and health experts
- Private showings of newly released movies
- Social activities for club members
- Fitness and exercise programs
- Discounts at more than 90 local businesses including restaurants, recreational facilities, retail stores and healthcare providers

For more information or to join, call (260) 373-7209.

Parkview Seniors Club | 10501 Corporate Drive | Fort Wayne, IN 46845
www.parkview.com



EMERGENCY RESPONSE SYSTEMS

Companion Lifeline	459-9900
Heartline Personal Emergency Systems	338-1460
Parkview Hospital Companion Lifeline	373-7209
Summit Home Health Lifeline.....	490-6535

EMPLOYMENT OPPORTUNITIES

Catholic Charities Senior Aides Job Training	
315 E. Washington, FW 46802.....	422-5625

Fort Wayne Urban League	
2135 S. Hanna St., #3, FW 46803	745-3100

Foster Grandparent Program	
233 W. Main St., FW 46802	426-2273

Offers seniors ages 55+ the opportunity to care for children with special needs. Income guidelines. Serve 20 hours/week at various not-for-profit sites. Tax-free stipend. Transportation reimbursed.

Job Works	
201 E. Rudisill Blvd., FW 46806	745-2000

Labor Ready	
4345 S. Anthony Blvd., FW 46806	745-4577

Labor Works	
2028 S. Calhoun St., FW 46802	745-7575



2011 Discounts

- Free Installations (\$45 Savings)
- First three months at \$33 per month
- Never feel alone again. Help is just the push of a button away!
- Member Better Business Bureau
- www.companionlifeline.com

Emergency Response Systems

(260) 459-9900

First 3 months due at time of installation. Non-refundable if cancelled within the first 3 months. Regular rate of \$39 a month thereafter with our normal month to month cancellation policy.

EMPLOYMENT OPPORTUNITIES

Workone Northeast

201 E. Rudisill Blvd., FW 46806745-3555

ENERGY ASSISTANCE

Community Action of Northeast Indiana (CANI)

227 E. Washington, FW 46802.....423-3546

Lutheran Social Services

330 Madison St., FW 46802426-3347

Emergency assistance with evictions, utilities, rent and other necessities.

NIPSCO Gift of Warmth.....422-5625

The Salvation Army

2901 N. Clinton St., FW 46805744-2311

Township Trustees

(See listing under Governmental Offices, pages 31 and 32.)

FINANCIAL SERVICES & INFORMATION

Better Business Bureau of Northern Indiana

4011 Parnell Ave., FW 46805423-4433

Consumer Credit Counseling Service of Northeast Indiana

4105 W. Jefferson Blvd., FW 46804.....432-8200

The Senior Alliance

Providing ethical services through partnerships with trusted local experts

- | | | |
|-------------------------------------|---------------------------------------|-----------------------------------|
| • Accounting & Tax Services | • Personal Emergency Response Systems | • Estate / Elder Law |
| • Geriatric Care Management | • Senior Moving | • Insurance Services |
| • Home Health Care | • Auctioning Services | • Investment & Financial Planning |
| • Home Medical Equipment & Supplies | • Real Estate Services | • Pre-Need Funeral Planning |
| • Home Improvements | • Banking Services | • Personal Affairs Organization |
| | • Financing & Credit Needs | |

260-496-9229

www.TheSeniorAlliance.com

FINANCIAL SERVICES & INFORMATION

Consumer Product Safety Commission

.....1-800-638-2772

FITNESS & WALKING PROGRAMS

America on the Move

1819 Carew St., FW 46805481-4868

Partners with community agencies to offer FREE or low cost indoor walking and/or exercise options. Some agencies require an AOM ID card available at Fort Wayne Cardiology, 1819 Carew St., and may charge a nominal fee.

Academy of Sports & Health Centre (Ash Centre)

1701 Freeman St., FW 46802436-1507

Concordia Theological Seminary Gym

6600 N. Clinton St., FW 46825452-2100

Fellowship Missionary Church

2536 E. Tillman Rd., FW 46816.....447-3578

Fort Wayne Parks and Recreation

705 E. State Blvd., FW 46805427-6000

Glenbrook Square Mall

4201 Coldwater Rd., FW 46805483-2119

Golf Dome

5702 Engle Rd., FW 46804432-8783

Indiana Tech

1600 E. Washington Blvd., FW 46803422-5561

Kingston Care Center

1010 W. Washington Center Rd., FW 46825489-2552

Community aquatic classes in heated pool.

Mt. Calvary Lutheran Church

1819 Reservation Dr., FW 46819747-4121

Parkview Health and Fitness

3000 E. State Blvd., FW 46805373-4151

Spiece Fitness

5310 Merchandise Dr., FW 46825483-1415

The Chapel

2505 W. Hamilton Rd., FW 46814625-6200

FITNESS & WALKING PROGRAMS

The Towne House Retirement Community
2209 St. Joe Center Rd., FW 46825483-3116

Turnstone Center for Disabled Children & Adults
3320 N. Clinton St., FW 46805483-2100

Dupont Resource Center
2512 E. Dupont Rd., Ste. 220, FW 46825416-3009

**Fort Wayne Department of Parks & Recreation
Community Center**
233 W. Main St., FW 46802427-6460

Fort Wayne Parks & Recreation Silver Striders
Glenbrook Mall427-6460
M and F 8 am - 9 am

Parkview Health & Fitness Center
3000 E. State Blvd., FW 46805373-4151

Parkview Senior Health Services
10501 Corporate Dr., FW 46845373-7209

Senior Circle Walkers at the Ash Centre
1701 Freeman St., FW 46802425-3087
Winter walking program: M - F 8 - 10 am.

Senior Circle Walkers at Spiece Fitness
5310 Merchandise Dr., FW 46825425-3087
M - F 5 am - 10 pm, Sat. and Sun. 7 am - 7 pm. No summer
hours. Senior Circle membership required.

Three Rivers Strollers
Contact Liz Wenzley1-260-925-5091
or Wilma Fuelling432-4253

**Turnstone Center for Children & Adults with
Disabilities**
3320 N. Clinton St., FW 46805483-2100

Wellspring Interfaith Social Services
1316 Broadway, FW 46802422-6618
M and F 9:30 am.

FITNESS & WALKING PROGRAMS

YMCA

Central Office, 1020 S. Barr St., FW 46802422-6486

FOOD

FOOD BANK SYSTEMS

Associated Churches Food Bank System provides food assistance to needy Allen County residents. Families are eligible once a month and receive a 3-5 day supply of food. Families must go to the Food Bank in the neighborhood where they reside. Families need to show proof of where they live (utility, phone bill or lease), social security cards for head of family and family members, and a picture ID.

Anthony Wayne First Church of God

6012 South Bend Dr., FW 46804432-7494
Aboite Twp. M and W 9 - 11 am.

Beacon Heights Church of the Brethren

2810 Beacon St., FW 46805482-8595
St. Joseph Twp. W 9:30 - 11:30 am.

Bethlehem Lutheran Church

3705 S. Anthony Blvd., FW 46806744-3228
M 9:30 - 11:30 am, T, W and Th 10 - 11:30 am, F 9 - 11 am.

Calvary Third Presbyterian Church

4700 S. Anthony Blvd., FW 46806456-4137
M and W 9-11 am.

East Allen Family Resource Center

6330 Prize Ave., FW 46803749-9516
Adams and Jefferson Twps. Th 9 am - 3 pm.

East Wayne Street Center

801 E. Wayne St., FW 46803422-6502
T and Th 1 - 3 pm.

Emanuel Lutheran Church

800 Green St., New Haven 46774749-2163
T 9 - 11:45 am.

FOOD

First Christian Church

4800 S. Calhoun St., FW 46807744-3239
M, W, F 9 - 11 am.

Fort Wayne Baptist Church

2323 Fairfield Ave., FW 46807744-2373
M, W, F 9 - 11 am.

Harlan United Methodist Church

16434 State Rd. 37, Harlan 46743657-5364
Springfield and Scipio Twps. Th 9 - 11 am.

Heartland Community Church

1025 Vance Ave., FW 46805483-1770
Any Hispanic with referral. S 6 - 7:15 pm.

Huntertown United Methodist Church

16021 Lima Rd., Huntertown 46748637-3716
Serving Huntertown area. 2nd T & last Sat 9 - 11 am.

Leo United Methodist Church

13527 Leo Rd., Leo 46765627-2161
Cedar Creek Twps. By appointment - call ahead.

Light of the Cross

2936 S. Anthony Blvd., FW 46806387-7894
M, W, F 9 - 11:30 am.

Maplewood Mennonite Church

4129 Maplecrest Rd., FW 46815485-8512
W 9:30 - 11:30 am.

North Christian Church

5201 Camden Dr., FW 46825482-1596
Washington and Perry Twps. 46825 zip code only.
M and Th 9 - 11:45 am.

St. Alban's Episcopal Church

7308 St. Joe Rd., FW 46835485-8022
St. Joseph Twp. W and F 9 - 11:30 am.

FOOD

St. Joseph Catholic Church, Hessen Cassel

11337 Old US Highway 27 S., FW 46816.....**639-3748**
Marion Twp. Th 10 - Noon, Sat 9 - 10 am.

St. Mark's Lutheran Church

201 E. South, Monroeville 46773.....**623-3797**
T, Th 9:30 - Noon.

St. Matthew's Lutheran Church

2305 Goshen Rd., FW 46808**483-9312**
Lake, Eel River and Washington Twps. W, F 9 - 11:30 am.

St. Patrick's Catholic Church

2120 S. Harrison, FW 46802**456-4868**
M, W, F 9 - 10:45 am.

Trinity United Methodist Church

609 Putnam, FW 46808.....**422-7924**
Bloomingdale area. M, W, F 9 - 11:30 am.

Union Baptist Church

2200 Smith St., FW 46803**456-3421**
M, W, F 9 - 11 am.

United Faith Presbyterian Church

1616 W. Main St., FW 46808**424-5610**
Nebraska area. M, W 9 - 11 am.

Waynedale United Methodist Church

2501 Church St., FW 46809.....**747-7424**
Pleasant and Lafayette Twps. M, W, F 9 - 11 am.

Wellspring Interfaith Social Services

1316 Broadway, FW 46802**422-6618**
M, W, F 9 - 11:30 am, Tu 5 - 7:30 pm, Th 2:30 - 4 pm,
Sat 9:30 - 12:30 pm.

Woodburn United Methodist Church

4300 Becker Rd., Woodburn 46797**632-5313**
Maumee and part of Milan Twps. T and Th 9:30 am - 11:30
a.m. Wed. evening by appointment.

FOOD

Angel Food Ministries

No application or income guidelines. Non-denominational service enabling people to buy high quality fresh and frozen groceries at a discount. 1 unit = enough food for a senior for a month. 1 unit = \$30, average value is \$60. May purchase as many units as desired. Must be paid ahead. Pay with cash or food stamps. Some churches accept checks and money orders.

Abundant Life

3301 E. Coliseum Blvd., FW 46815432-0014

Fellowship of Wesley Chapel UMC

13733 Wesley Chapel Rd., Churubusco 46723385-3600

First Assembly of God

1400 W. Washington Center Rd., FW 46825490-8585

Grace Gathering

3157 Minnick Rd., New Haven 46774749-5165 ext 150

New Hope Baptist Church

8918 Aboite Center Rd., FW 46804434-1111

Trinity Church of the Nazarene

4150 Stellhorn Rd., FW 46815.....485-0312
or 414-9369

Mid America Foods

If you or someone you know would like to stretch your hard earned dollars.

Waynedale United Methodist Church

2501 Church St., FW 46809.....432-7291

Order at the church Sun 9:30 - 11 am or Th 6 - 8 pm.

FOOD PANTRIES

Adventist Community Services

228 W. Lexington Ave., FW 46807745-1594

1 st and 3rd T 9:30 am - 2 pm.

Avalon Missionary Church

7103 Premier Dr., FW 46819747-1531

Th 6 - 7:30 pm.

Broadway Christian Church

910 Broadway, FW 46802422-3498

M, W, F must be there before 9 am.

FOOD

Calvary Third United Presbyterian Church

1701 Capitol Ave., FW 46806456-4137
M and W 9 - 11 am. Serves residents living south of Rudisill,
west of Anthony, east and north of Lafayette.

Community Harvest Food Bank

999 E. Tillman Rd., FW 46816447-3696
Every Sat. 8 - 11 am. Bring boxes or bags.

Crusaders for Christ

809 Eliza St., FW 46803424-2322
Meal Sat. 9 - 10 am. Serves any needy in Allen County.

East Allen Family Resource Center

6330 Prize St., FW 46803749-9516
Call for appointment.

East Wayne Street Center

801 E. Wayne St., FW 46803422-6502
Zone restrictions; T and Th 1 - 3 pm.

Emmanuel Lutheran Church Services

917 W. Jefferson, FW 46802423-1369
Every 3rd Th 4 - 6 pm.

Father Solanus Food Basket St. Henry Sacred Heart

4643 Gaywood, FW 46806744-2519
F 10 - 11 am. Clients can go every Friday and must live in
Allen County.

First Baptist Church

2323 Fairfield, FW 46802744-2373
M, W, F 9 - 11 am.

First National Baptist Church

1827 Seddlemeyer St., FW 46816447-8353
2nd and 4th W; call for appointment.

Forest Park United Methodist Church

2100 Kentucky Ave., FW 46805484-6696
T and Sat 9 am - Noon. Provides to 46805 zip code only.

FOOD

Fort Wayne Rescue Mission

301 W. Superior Ave., FW 46802.....**426-7357**
M - S 6:30 am - 6:30 pm.

Franciscan Center

4643 Gaywood Dr., FW 46806**744-3977**
T and Th 9 - 11 am. Madison Closet open T 10 - 11 am for
over-the-counter drugs, toiletries, personal hygiene items, etc.

Gethsemane Lutheran Church At The Table

1505 Bethany Ln., FW 46825**483-1813**
Meal site W 6 - 7:30 pm. Everyone is welcome.

Grace Point Church of the Nazarene

8611 Mayhew Rd., FW 46835**485-2110**
T 10 am - 2 pm.

Greater Mt. Ararat Baptist Church

2111 Edsall Ave., FW 46803.....**424-2348**
By appointment only.

Harvester Avenue Missionary Church

3331 Harvester Ave., FW 46803**424-5533**
Serves 46803 only. 2nd and 4th W 5 - 6:30 pm.

Heartland Community Church

1025 Vance Ave., FW 46805**483-1770**
S 6 - 7:30 pm. Will help anyone in need.

Huntertown United Methodist Church

1601 W. Cedar Canyon Rd., Huntertown 46748**637-3798**
2nd T and last Sat 9 - 11 am. Must call first.

King's Chapel Assembly

703 E. Jefferson, FW 46803**422-0946**
By appointment only.

Mission House

1312 S. Hanna St., FW 46803.....**426-0176**
T and W 10 am - 1 pm.

FOOD

New Life Lutheran Church

2424 S. Coliseum Blvd., FW 46803**420-3024**

Serves a meal every W 6 - 7 pm. Anyone is welcome.

Oakridge Temple

2808 Evans St., FW 46806**456-7913**

3rd W 10 am - Noon.

St. Andrew's Soup Kitchen

2714 New Haven Ave., FW 46803**423-6326**

M - F 11 am - 1 pm.

St. Anthony's Pantry

4643 Gaywood, FW 46806**744-3977**

T and Th 9 - 11 am.

St. Charles Catholic Church/SVDP

4916 Trier Rd., FW 46815**482-2186**

Serves 46815 only; by appointment only.

St. John the Baptist Catholic Church

943 Power St., New Haven 46774.....**969-1898**

Serves New Haven area. Emergency pantry only and by appointment only.

St. Joseph Hessen Cassel

11337 Old U.S. 27 South, FW 46816**639-3748**

Zone restrictions; T 10 am - Noon, Sat. 9 - 10 am.

St. Joseph/St. Vincent

2211 Brooklyn Ave., FW 46802**432-5113**

Call first; delivery by appointment within parish boundaries.

St. Mary's Soup Kitchen

1011 South Lafayette, FW 46803.....**424-8231**

M - F 10 am - 2 pm; Sat. 10 am - 1 pm; S 11:30 am - 1 pm.

St. Patrick's Catholic Church Food Bank

2120 S. Harrison St., FW 46802**744-1450**

Call first; serves residents within parish boundaries.

M, W, F 9 - 11:30 am.

FOOD

St. Peter's Catholic Church

518 E. Dewald, FW 46803744-2765
Zone restrictions. Th 1 - 2 pm.

The Salvation Army Food Pantry

2901 N. Clinton St., FW 46805744-2311
Open T and Th 1 - 3 pm. Be there before 1 pm. Serves the first 25 each day only.

Statewood Baptist Church

2208 N. Coliseum Blvd, FW 46805483-4915
Th 6:30 - 7 pm. Call for appointment.

Tabitha's House

4633 Warsaw St., FW 46806.....485-6084
F 2 - 4 pm or by appointment. Call for appointment.

The Crossing Church

909 Main St., New Haven 46774.....493-9508
W 6 - 7:30 pm, Sat 3 - 4:30 pm.

Third Street Church of God

427 Third St., FW 46808432-4474
Sat 8 - 9:30 am.

Three Rivers Baptist Church

1406 Lombard St., FW 46803.....424-1111
S 11 am.

Trinity United Methodist Church

609 Putnam St., FW 46808422-7924
M, W, F 9 - 11:30 am.

Turner Chapel A.M.E.

836 E. Jefferson Blvd., FW 46803426-3121
1 st and 3rd F 9 - 11 am.

Union Baptist Church

2200 Smith St., FW 46803456-3421
Allen County residents. M, W, F 9 - 11 am.

FOOD

Unto Others

1651 Cass St., FW 46808422-9934
M, Th and Sat; arrive by 9 am.

Waynedale United Methodist Church

2501 Church St., FW 46809747-7424
M, W, F 9 - 11 am.

Wellspring

1316 Broadway, FW 46802422-6618
Restricted area; call first to confirm. M, W, F 9 - 11:30 am.

MEALS/SOUP KITCHENS

Faith Lutheran Church

1700 E. Pettit Ave., FW 46806745-2565
W 6 - 8 pm.

Fort Wayne Rescue Mission

301 W. Superior, FW 46802426-7357
Every Day 7 - 7:20 am, Noon - 12:20 pm, 5 - 5:25 pm.

Gethsemane Lutheran Church

1505 Bethany Ln., FW 46825483-1813
W 6 - 7 pm.

St. Andrew's Church Soup Kitchen

2714 New Haven Ave., FW 46803423-6326
M, T, W, Th, F 11 am - 1 pm.

St. Mary's Soup Kitchen

1101 S. Lafayette, FW 46802428-1217
M, T, W, Th, F 10 am - 2 pm; Sat. 10 am - 1 pm;
Sun 11:30 am - 1 pm.

HOME-DELIVERED MEALS

Homebound Meals422-3296

Meals on Wheels745-1200

FOOD

GROCERY DELIVERY

Community Harvest Food Bank – Seniorpak 447-3696

FOOT CARE

A Lighter Step at Senior Circle

700 Broadway, FW 46802425-3087

A Lighter Step at Fort Wayne Parks & Recreation Community Center

233 W. Main St., FW 46802427-6460

Dupont Resource Center

2512 E. Dupont Rd., Ste. 220, FW 46825416-3009

Foot Solutions

513 E. Coliseum Blvd., FW 46805484-8966

Fred Toenges Shoes & Pedorthics

2415 Hobson Rd., FW 46805484-4742

Happy Toes710-0056

Foot and nail care in your home.

Parkview Women's Health Services

11123 Parkview Plaza Dr., FW 46845672-6500

Foot and nail care.

GERIATRIC CASE MANAGERS

Consultant services assisting seniors and their families/support systems in finding answers to challenges in aging and accessing services. Assess, plan, advocate, monitor, and evaluate needs.

Aging and In Home Services of NE Indiana

2927 Lake Ave., FW 46805745-1200

Caring Connections413-7169

GERIATRIC CASE MANAGERS

Dorian Maples & Associates

528 W. Washington Blvd., FW 46802918-1141

Gemmer Care Management

3605 Burrwood Terr., FW 46815486-5302

GOVERNMENT OFFICES

CITY

311 Call Center “ One call to city hall” Non-emergency service requests. Call 7:30 am - 5:30 pm M - F. Garbage questions, recycling, abandoned vehicles, rusty water, street/traffic lights out, storm drains, pothole repairs, street repair or street cleaning.

Mayor’s Senior Advisory Council

1 E. Main St., 9th Floor, FW 46802427-1111

Neighborhood Code Enforcement

303 E. Washington Blvd., FW 46802427-1324

Neighborhood Specialist

1 E. Main St., FW 46802427-1130

TOWNSHIP

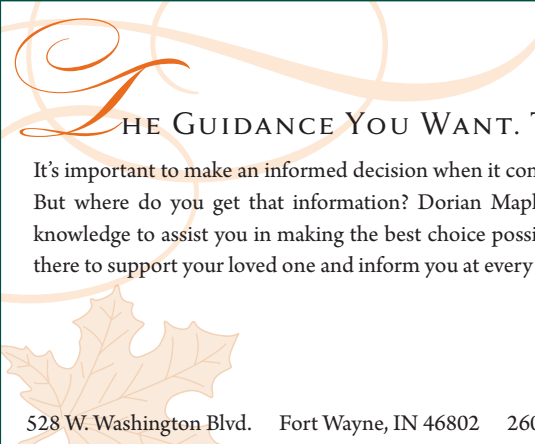
Trustees

Limited emergency assistance for food, lodging, health care, fuel and utilities. Funeral and burial funds available. Call for further information.

Aboite

11321 Aboite Center Rd., FW 46814432-0970

M, Th 9 am - Noon, T Noon - 9 pm.



THE GUIDANCE YOU WANT. THE SUPPORT YOU NEED.

It's important to make an informed decision when it comes to healthcare for your older loved ones. But where do you get that information? Dorian Maples & Associates have the experience and knowledge to assist you in making the best choice possible. When you can't be present, we can be there to support your loved one and inform you at every step. Call us today.

Dorianmaples
ASSOCIATES
Geriatric Care Management

528 W. Washington Blvd. Fort Wayne, IN 46802 260.918.1141 INDIANAGERIATRICS.COM

GOVERNMENT OFFICES

Adams

120 E. Lincoln Highway, New Haven 46774749-4162
M - F 8 am - 4 pm.

Cedar Creek

6603 Popp Rd., FW 46845627-5695
T, W, Th 9 am - 2 pm.

Eel River

3625 McComb Rd., Huntertown 46748637-0238

Jackson

25328 Haley Rd., Monroeville 46773623-6650

Jefferson

1702 S. Webster Rd., New Haven 46774749-1360

Lafayette

11517 Dennis Rd., Roanoke 46783414-8148

Lake

8801 Frazier Rd., FW 46818625-1090

Madison

11417 Edgewater Ave., Hoagland 46745639-6052

Marion

16404 US 27 S., Decatur 46733639-3062

Maumee

5311 St. Rd. 101, Woodburn 46797623-9977

Milan

18208 Doty Rd., Woodburn 46797632-4511

Monroe

P.O. Box 137, Monroeville 46773623-3717

Perry

16707 Amethyst Pkwy., FW 46819449-3748

Pleasant

13427 Thiele Rd., FW 46819639-6251

Scipio

P.O. Box 163, Harlan 46743657-8001

Springfield

11021 Roberts Rd., Harlan 46743657-3422

St. Joseph

6033 Maplecrest Rd., FW 46835485-5993
M - W 8 am - 1 pm; F 8 am - Noon.

Washington

1832 W. Wallen Rd., FW 46818449-3354

Wayne

320 E. Superior, FW 46802449-7000

GOVERNMENT OFFICES

COUNTY

Allen County Commissioners

1 E. Main St., Rm. 200, FW 46802.....449-7555

Allen County Crime Stoppers.....436-7867

Environmental Services of Allen County

2242 Carroll Rd., FW 46818.....449-7494

FW-Allen County Health Department

1 E. Main St., 5th Floor, FW 46802449-7561

Homeland Security

7602 Patriot Crossing Way, FW 46816439-8300

National Serv-All

6231 Macbeth Rd., FW 46809747-4117

STATE

Indiana Bureau of Aging & In-Home Services

.....1-800-548-7763

Indiana Bureau of Motor Vehicles - Auto Licenses

Waynedale

6721 Old Trail Rd. #300, FW 46809747-5764

New Haven

709 Lincoln Highway West, New Haven 46774 ..749-5178

Pine Valley

10256 Coldwater Rd., FW 46845489-0690

Indiana House of Representatives...1-317-233-5832

Democrat1-800-382-9842

Republican1-800-382-9841

Indiana State Representatives from Allen County

79th District - Matthew Lehman (R)

80th District - Phil Giaquinta (D)

81st District - Winfield Moses Jr. (D)

82nd District - Jeffrey Espich (R)

83rd District - Kathy Heuer (R)

84th District - Robert Morris (R)

85th District - Phyllis Pond (R)

GOVERNMENT OFFICES

Indiana State Senate1-800-382-9467
 14th District - Dennis Kruse (R)
 15th District - Thomas Wyss (R)
 16th District - David Long (R)
 17th District - Gary Dillon (R)
 19th District - Travis Holdman (R)

Indiana Family and Social Services Administration
1-800-457-8283
www.in.gov/fssa

Indiana Long-Term Care Ombudsman, NE Indiana
 1832 E. Paulding Rd., FW 46816469-3161
 Investigates concerns about nursing homes and other long
 term care facilities and works to resolve them.

Indiana State Department of Health
 2 N. Meridian St., Ste. 4B, Indianapolis 46204..1-317-233-1325

Medicaid1-800-403-0864

FEDERAL

Federal Citizen Information Center
1-888-878-3256

Medicare1-800-633-4227

Social Security Administration
 2122 Lincolnway Ct., FW 46819.....747-6072
 or 1-800-772-1213
 TTY number 1-800-325-0778

U.S. Senator Dan Coats422-1505

U.S. Senator Richard G. Lugar422-1505

U.S. Representative 3rd District
Marlin Stutzman (R)424-3041 or 1-800-959-3041

U.S. Representative 6th District Mike Pence (R)
1-765-640-2919

HEALTH SUPPORT SERVICES

DISEASE SPECIFIC SERVICES

AIDS:

AIDS Task Force

525 Oxford, FW 46806744-1144

Alzheimer's Disease:

Alzheimer's Association

6324 Constitution Dr., FW 46804420-5547

Arthritis:

Arthritis Foundation, NE Indiana

1119 Parkview Plaza Dr., Suite 103, FW 46845672-6570

Cancer:

American Cancer Society

111 E. Ludwig Rd., FW 46825471-3911

Cancer Services of Northeast Indiana

6316 Mutual Dr., FW 46825484-9560

Fort Wayne African American Cancer Alliance

(FWAACA)399-6461

Francine's Friends Mobile Mammography Unit

.....483-1847

Parkview Comprehensive Cancer Center

11141 Parkview Plaza Dr., FW 46845
266-9100 or 1-800-758-4673

Diabetes:

American Diabetes Association

.....1-888-342-2383

Dupont Hospital Diabetes Education Program

.....416-3260

Lutheran Hospital Diabetes Education

.....435-7010

Parkview Hospital Diabetes Treatment Center

.....373-4280

St. Joseph Hospital Diabetes Education

.....425-3393

Epilepsy:

Indiana University Epilepsy Clinic

.....1-800-210-7123

HEALTH SUPPORT SERVICES

Heart:

American Heart Association.....1-800-242-8721

Kidney/Dialysis:

National Kidney Foundation of IN, NE Region

5800 Fairfield Ave., Ste. 110, FW 46807456-0654

Multiple Sclerosis:

National Multiple Sclerosis Society672-8950

Muscular Dystrophy:

Muscular Dystrophy Association

2869 E. Dupont Rd., FW 46825.....486-6698

CLINICS/HEALTH SCREENINGS

Dupont Resource Center

2512 E. Dupont Rd., Ste. 220, FW 46825.....416-3009

Focus on Health

1819 Carew, FW 46805.....481-4864

Health Visions of Fort Wayne

2135 S. Hanna St., FW 46803745-1600

Matthew 25 Health and Dental Clinic

413 E. Jefferson Blvd., FW 46802426-3250

M and F 8:30 am - 4 pm; T and W 8:30 am - 8 pm;

Th 8:30 am - Noon and 5:30 - 8 pm.

FREE SENIOR FAIR

VOLUNTEER PLANNED - UNBIASED - 12th YEAR

Learn to Live Better & Longer - In Your Own Home

September 22, 2011 (Thursday)

ALLEN COUNTY PUBLIC LIBRARY

900 Library Plaza, Fort Wayne

Watch for details in the September Senior Life



IN-HOME SENIOR CARE SERVICES



SHE'S ALWAYS BEEN THE INDEPENDENT TYPE. WE AIM TO KEEP HER THAT WAY.

We help to keep her independent spirit strong. Comfort Keepers® provides compassionate in-home care that helps seniors live happy, fulfilling lives in the comfort of their own homes. Our wide range of services promote independence and wellbeing. We call it *Interactive Caregiving*™, a unique approach provided by special caregivers called *Comfort Keepers*®. All to help keep minds, bodies and lives active, happy and healthy.

-
- | | |
|-----------------------------|------------------------|
| • Companion Care | • Personal Care |
| • Light Housekeeping | • Medication Reminders |
| • Shopping & Errands | • Meal Preparation |
| • Incidental Transportation | |
-

260-484-5858
877-484-5850

3970 New Vision Drive
Fort Wayne, IN 46845



**Comfort
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WWW.COMFORTKEEPERS.COM/FORTWAYNE-IN

HEALTH SUPPORT SERVICES

Neighborhood Health Clinic

1717 S. Calhoun St., FW 46802458-2641
M and W 8 am - 7 pm; T, Th 8 am - 5 pm.

Parkview Women's Health Center

11123 Parkview Plaza Dr., Suite, FW 46845.....672-6500

HEARING/SPEECH IMPAIRED

Indiana University-Purdue University Speech & Hearing Clinic

1201 E. Coliseum Blvd., FW 46802481-6410

League for the Blind and Disabled - Deaflink

5821 S. Anthony Blvd., FW 46816.....441-0551

TTY Relay Indiana1-800-743-3333

HOME CARE AGENCIES

PERSONAL SERVICES AGENCIES

Licensed by the Indiana State Department of Health. Will provide attendant care services and homemaker services that assist with or perform household tasks.

Absolute Angels

Fort Wayne, IN715-7777 or 877-905-7177

Advocate Home Caregivers

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► **St. Joseph Burn and Wound Clinic** combines the services of burn and wound specialists in one location. Patients benefit from physician collaboration and have access to all of the hospital's amenities. For more information, call 260.425.3066.

► **Senior Circle** is devoted to the health and wellness of adults age 50 and older. Opportunities include health screenings, wellness education, Medicare counseling and fitness programs. For more information, call 260.425.3087.

► **Acute Care for the Elderly (ACE)** is a specialized program that provides care for frail, elderly patients, usually in the 60+ age group, who are hospitalized with acute illnesses and who have complex needs. The program's goal is to return patients, when possible, to their previous living arrangements after discharge. For more information, call 260.425.3545.

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St. Joseph Hospital

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The Orthopaedic Hospital

KEY SERVICES



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For more information, visit
LutheranHealth.net.



**Lutheran
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Select Specialty Hospital

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St. Joseph Hospital

700 Broadway, FW 46802425-3000

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of Fort Wayne

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www.seniorlifestyle.com



HOUSING

daily living. A facility may choose to be licensed by the Indiana State Department of Health as a Residential Care Facility.

Canterbury Gardens Assisted Living

2827 Northgate Blvd., FW 46835492-1405

Coventry Meadows

7833 W. Jefferson Blvd., FW 46804.....432-4848

Covington Commons

2601 Covington Commons Dr., FW 46804.....432-1932

Emeritus of Ft. Wayne (Village Oaks)

4730 E. State Blvd., FW 46815484-0308

Georgetowne Place

1717 Maplecrest Rd., FW 46815.....493-6927

Golden Years Homestead

8300 Maysville Rd., FW 46815749-6725

Hamilton House

2116 Butler Rd., FW 46808471-0944

Harbour of Fort Wayne

3110 E. Coliseum Blvd., FW 46805471-3110

Heritage Park

2001 Hobson Rd., FW 46805.....484-9557

Kingston Residence of Fort Wayne

7515 Winchester Rd., FW 46819747-1523

Lamplight Inn of Fort Wayne

300 E. Washington Blvd., FW 46802422-5511

Lutheran Life Villages

6701 S. Anthony Blvd., FW 46816447-1591

Park Place Senior Living

4411 Park Place Dr., FW 46845480-2500

St. Anne Home & Retirement Community

1900 Randallia Dr., FW 46805.....484-5555

The Cedars

14409 Sunrise Ct., Leo 46765627-2191

The Hearth at Sycamore Village

611 W County Line Rd. S., FW 46814625-4025

The Towne House Retirement Community

2209 St. Joe Center Rd., FW 46825483-3116

Woodview Assisted Living

3320 E. State Blvd., FW 46805483-4343

HOUSING

MEMORY CARE ASSISTED LIVING

Coventry Meadows

7833 W Jefferson Blvd., FW 46804432-4848

Emeritus of Ft. Wayne (Village Oaks)

4730 E. State Blvd., FW 46815484-0308

Harbour of Fort Wayne

3110 E. Coliseum Blvd., FW 46805471-3110

Kingston at Dupont

1716 E. Dupont Rd., FW 46825490-5111

Park Place Senior Living

4411 Park Place Dr., FW 46845480-2500

The Hearth at Sycamore Village

611 W. County Line Road South, FW 46814625-4025

Woodview Assisted Living

3320 E. State Blvd., FW 46805483-4343

INSURANCE

Indiana Long Term Care Insurance Program

.....1-866-234-4582

A partnership between the State of Indiana and private insurance companies. Partnership policies provide asset protection through more favorable Medicaid eligibility rules.

Senior Health Insurance Assistance Program (SHIP)

Free unbiased information on health insurance, Medicare, Medicaid, long-term care insurance, supplemental insurance and prescription drug plans (Part D) for seniors and pre-retirees.

Parkview Sites: 10501 Corporate Dr., FW 46845 ..373-7952

1900 Carew, Ste. 3B, FW 46805373-7952

1st and 3rd T, 9 am - 3 pm by appointment.

Senior Circle: St. Joe Hospital, Medical Office Building,

700 Broadway, FW 46802.....425-3439

F 9 am - 3 pm by appointment.

Medicaid1-800-403-0864

Medicare1-800-633-4227

INSURANCE

Fort Wayne Parks & Recreation Community Center:
233 W. Main St., FW 46802**427-6460**
1st Th morning of each month; walk ins welcome.

MacDonald Insurance and Financial Services
2801 Martin Luther Dr., FW 46825**496-9229**

Trahin Insurance Sales
5631 South 600 East, Columbia City 46725.....**625-3208**

MEDICAL EQUIPMENT & SUPPLIES

Ace Medical Equipment
227 E. Dupont Rd., FW 46825.....**387-5264**

Ace Medical Supply
6155 Stoney Creek Dr., FW 46825.....**483-3516**

Advanced Healthcare
3204 Congressional Pky., FW 46808**373-1600**

Airway Oxygen, Inc
2220 Research Dr., FW 46808.....**482-9875**

Allen County Council on Aging
233 W. Main, FW 46802**426-0060**
Equipment loan program.

Apria Healthcare
7515 Westfield Dr., FW 46825**489-7722**



CINDY K. TRAHIN^{RHU, CSA}
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Office 260.625.3208

Toll Free 866.561.0391



- Medicare Supplements
- Medicare Advantage
- Prescription Drug Plans
- Long Term Care Insurance
- Life Insurance



Cell 260.312.6798

cktrahin@yahoo.com

MEDICAL EQUIPMENT & SUPPLIES

ATG Rehab

144 E. Collins Dr., 46825471-5011
or 1-800-880-0177

Brenda Hanchar Foundation

7521 Aboite Center Rd., FW 46804432-0400
Provides medical equipment, supplies, medications and food
for people who are uninsured and meet federal guidelines.

Convalescent Shop

7501 W. Jefferson Blvd., FW 46804436-8881

Coram Health Care

431 Fernhill Ave., FW 46805484-4442

Hook's Oxygen & Medical Equipment

1235 Magnovox Way, FW 46804432-3321

Home Health Depot

.....267-3514 or 1-800-613-6030

James Medical

7821 Coldwater Rd., FW 46825423-9571

League for the Blind and Disabled

5821 S. Anthony Blvd., FW 46816441-0551

Lincare Respiratory

1200 Airport Office Park North, Stes. C & D, FW 46825
.....489-0481 or 1-800-933-0343

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We are **Medicare accredited** and **Medicaid** participating provider.
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to your situation, and we appreciate your business!



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Fort Wayne, Indiana 46804

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MEDICAL EQUIPMENT & SUPPLIES

L.J.'s Discount Medical

737 N. Coliseum Blvd., FW 46805444-5105

M-D Choice Medical Supply

2413 Hobson Rd., FW 46805.....424-6743

Majors Medical Supply

14601 Old Lima Rd., FW 46818.....637-8586

Medical Mobility

10020 Lima Rd., FW 46818490-8485

Orbit Medical

1121 N. Coliseum Blvd., FW 46805341-2804

Prevail Prosthetics & Orthotics

7735 W. Jefferson Blvd., FW 46804483-5219

3816 New Vision Dr., FW 46845.....969-0605

Self-Image

4646 W. Jefferson Blvd., Ste. 170, FW 46804436-6544

Toenges Orthotics

2415 Hobson Rd., FW 46805.....484-4742

Turnstone Center for Children and Adults with Disabilities

3320 N. Clinton St., FW 46805483-2100

MEDICATION DISPOSAL PROGRAM

Allen County TRIAD

2927 Lake Ave., FW 46805469-3036

Medication collection days for 2011 are the last Friday of April (29th) and the fourth Friday of September (23rd) at select Walgreen's locations in Allen County. Continuous collection boxes are located at the FW Police Department, 1320 E. Creighton Avenue; Allen County Sheriff's Department, 12535 Lima Road; Indiana State Police Post, 5811 Ellison Road; and New Haven Police Department, 815 Lincoln Highway East. See ad on page 83.

MENTAL HEALTH

Generations

St. Joseph Hospital

700 Broadway, FW 46802425-3606

Hope Alive

1747 N. Wells St., FW 46808420-6100

Indiana Protection & Advocacy Services

.....1-800-622-4845

Lutheran Social Services

330 Madison St., FW 46802426-3347

Mental Health America In Allen County

227 E. Washington Blvd., FW 46802422-6441

National Alliance On Mental Illness (NAMI)

PO Box 6143, FW 46896447-8990

Park Center

909 E. State Blvd., FW 46805481-2700

Parkview Behavioral Health

1720 Beacon St., FW 46805373-7500

St. Joseph Behavioral Health

700 Broadway, FW 46802425-3606

Salvation Army Adult Rehabilitation Center

427 W. Washington Blvd., FW 46802424-1655

NURSING FACILITIES

Bethlehem Woods Nursing & Rehabilitation Center

4430 Elsdale Dr., FW 46835485-8157

Byron Health Center

12101 Lima Rd., FW 46818637-3166

Canterbury Nursing & Rehabilitation Center

2827 Northgate Blvd., FW 46835492-1400

NURSING FACILITIES

Coventry Meadows

7843 W. Jefferson Blvd., FW 46804432-4848

Covington Manor Health & Rehabilitation

5700 Wilkie Dr., FW 46804432-7556

Englewood Health & Rehabilitation Center

2237 Engle Rd., FW 46809747-2353

Glenbrook Rehabilitation & Skilled Nursing Center

3811 Parnell Ave., FW 46805482-4651

Golden Years Homestead

3136 Goeglein Rd., FW 46815749-9655

Heritage Park

2001 Hobson Rd., FW 46805484-9557

Kingston Care Center

1010 W. Washington Center Rd., FW 46825489-2552

Life Care Center of Fort Wayne

1649 Spy Run Ave., FW 46805422-8520

Lutheran Life Villages

6701 S. Anthony Blvd., FW 46816447-1591

Markle Health & Rehabilitation

170 N. Tracy St., Markle, 467701-260-758-2131



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(260) 422-8520

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- 96% Overall Satisfaction Rate
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- Medicare, Medicaid, Most Third Party Insurance & Supplemental Insurance Accepted
- Wheelchair van transportation to appointments
- Offering specialized services for Post Hospitalization, Respire-care & Bariatric needs
- JCAHO Accredited
- Secured Memory Care Unit (Alzheimer's)

NURSING FACILITIES

Miller's Merry Manor

5544 E. State Blvd., FW 46815.....749-9506

New Haven Care & Rehabilitation

1201 Daly Dr., New Haven 46774749-0413

Ossian Health Care and Rehabilitation Center

215 Davis Rd., Ossian 46777.....622-7821

Parkview Hospital Continuing Care Center

2200 Randallia Dr., FW 46805.....373-6506

Regency Place of Fort Wayne

6006 Brandy Chase Cove, FW 46815.....486-3001

Renaissance Village

6050 S. 800 E-92, FW 46814625-3545

Riverbend Health Care Center

7519 Winchester Rd., FW 46819.....747-7435

St. Anne Home & Retirement Community

1900 Randallia Dr., FW 46805484-5555

St. Joseph Hospital Transitional Care Unit

700 Broadway, FW 46802425-3940

Summit City Nursing and Rehabilitation

2940 N. Clinton, FW 46805484-0602



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Call Canterbury to meet your needs.
Please call us for a personal tour at 260.492.1400

NURSING FACILITIES

The Cedars

14409 Sunrise Ct., Leo 46765627-2191

The Towne House Retirement Community

2209 St. Joe Center Rd., FW 46825483-3116

University Park Health & Rehab Center

1400 Medical Park Dr., FW 46825484-1558

VA Northern Indiana Health Care System

2121 Lake Ave., FW 46805426-5431

For qualified veterans or 1-800-360-8387

Village of Heritage

12011 Whittern Rd., Monroeville 46773.....623-6440

Woodview Healthcare

3420 E. State Blvd., FW 46805484-3120

NURSING FACILITIES WITH MEMORY CARE UNITS

Bethlehem Woods Nursing and Rehabilitation Center

4430 Elsdale Dr., FW 46835485-8157

Byron Health Center

12101 Lima Rd., FW 46818.....637-3166

Canterbury Nursing & Rehabilitation Center

2827 Northgate Blvd., FW 46835492-1400

Coventry Meadows

7843 W. Jefferson Blvd., FW 46804432-4848

Covington Manor Health and Rehab Center

5700 Wilkie Dr., FW 46804432-7556

Englewood Health & Rehabilitation Center

2237 Engle Rd., FW 46809747-2353

NURSING FACILITIES WITH MEMORY CARE UNITS

Golden Years Homestead

3136 Goeglein Rd., FW 46815749-9655

Heritage Park

2001 Hobson Rd., FW 46805484-9557

Life Care Center of Fort Wayne

1649 Spy Run Ave., FW 46805.....422-8520

Lutheran Life Villages

6701 S. Anthony Blvd., FW 46816.....447-1591

Markle Health & Rehabilitation

170 N. Tracy St., Markle, 467701-260-758-2131

Regency Place of Fort Wayne

6006 Brandy Chase Cove, FW 46815.....486-3001

St. Anne Home & Retirement Community

1900 Randallia Dr., FW 46805484-5555

Summit City Nursing and Rehabilitation

2940 N. Clinton, FW 46805484-0602

University Park Health & Rehab Center

1400 Medical Park Dr., FW 46825484-1558

CONTINUING CARE RETIREMENT COMMUNITIES (CCRC)

A facility or campus that includes separate housing for those who live independently and for those with assisted living services, medical services, long term care and skilled nursing care. Some include memory units.

Coventry Meadows

7843 W. Jefferson Blvd., FW 46804.....432-4848

Golden Years Homestead

8300 Maysville Rd., FW 46815.....749-6725

Heritage Park

2001 Hobson Rd., FW 46805484-9557

SAFENET Identification Program

THE PROBLEM...

It is common for a person with memory impairment (Example Dementia, Alzheimer’s Disease, etc.) to wander and roam. This can happen without prior warning. This behavior can be dangerous to the patient and to the caregivers.

THE SOLUTION...

The SAFENET Program, in cooperation with local healthcare and law enforcement agencies, can assist in the return of the individual who has wandered. This FREE service will help family members and the community keep your loved one safe.

HOW TO PARTICIPATE...

1. Complete the form below and mail to:
TRIAD
2927 Lake Ave.
Fort Wayne, IN 46805
2. You will receive a letter of confirmation and a coupon for a FREE identification bracelet to be redeemed at local Walgreens stores.
3. A TRIAD representative will contact you to complete the process which includes an optional picture identification.
4. For more information call:
(260) 469-3036



SAFENET Application

Information about your loved one to be registered:

PLEASE PRINT

Last Name	First Name
-----------	------------

Nickname

Street Address	City
----------------	------

State	Zip Code
-------	----------

Caregiver’s Name	Caregiver’s Telephone Number
------------------	------------------------------

Please mail this application to: TRIAD, 2927 Lake Avenue, Fort Wayne, IN 46805

CONTINUING CARE RETIREMENT COMMUNITIES (CCRC)

Lutheran Life Villages

6701 S. Anthony Blvd., FW 46816.....447-1591

St. Anne Home & Retirement Community

1900 Randallia Dr., FW 46805484-5555

The Towne House Retirement Community

2209 St. Joe Center Rd., FW 46825483-3116

PHARMACY DELIVERY

Kroger:

601 E. Dupont Rd., FW 46825637-6115

821 Lincoln Hwy. West, New Haven 46774749-0215

5110 N. Clinton St., FW 46825484-9282

6002 St. Joe Center Rd., FW 46835492-2054

218 E. Pettit Ave., FW 46806456-4736

8801 U.S. Hwy 24 West, FW 46804459-3749

Scott's:

6310 E. State Blvd., FW 46815749-5102 ext. 5

7008 Bluffton Rd., FW 46809747-4136

5725 Coventry Ln., FW 46804434-0497

710 E. Dupont Rd., FW 46825489-2878

4522 Maplecrest Rd., FW 46835.....485-9628

3105 N. Anthony Blvd., FW 46805483-3134 ext. 5

4120 N. Clinton St., FW 46805483-3185

1125 W. State Blvd., FW 46808426-4487

PHYSICIAN REFERRALS

Fort Wayne Medical Society420-1011

Lutheran Hospital Network Physician Finder

.....1-888-550-4546

Parkview Physician Referral Service.....373-3395

PHYSICIANS/GERIATRICIANS

Bledsoe, Larry M.D.

620 W. Berry St., FW 46802424-6311

PHYSICIANS/GERIATRICIANS

Mirro, Michael M.D.

1819 Carew St., FW 46805481-4700

Moore, Ann D.O.

800 Broadway, Ste. 115, FW 46802425-3636

Rosanwo, Ayodeji M.D.

800 Broadway, Ste. 115, FW 46802 and 2510 E. Dupont Rd.,
Ste. 204, FW 46825425-3636

Sriram, Indra M.D.

3030 Lake Ave., FW 46805426-8822

Van Den Driessche, Thomas M.D.

3030 Lake Ave., Ste. 32, FW 46805424-3134

Home Visiting Nurse Practioners

Extended Care Specialists, Inc.

2118 Inwood Dr. Ste. 102, FW 46815483-9081

MD2U440-7656 or 1-866-460-3567

PRESCRIPTION MEDICINE ASSISTANCE

Hoosier Rx

PO Box 6224, Indianapolis 46206-62241-866-267-4679

Helps with monthly insurance payments for Part D.

Matthew 25 Health & Dental Clinic

413 E. Jefferson Blvd., FW 46802426-3250

Rx for Indiana1-877-793-0765

Social Security

2122 Lincolnway Ct., FW 46819747-6072

or 1-800-772-1213

The Medicine Program.....1-866-694-3893

RELIGIOUS BROADCAST

Worship for Shut-Ins

3225 Crescent Ave., FW 46805**471-5683**

Sun. at: 6:30 am WPTA-TV 21, 8 am FiOS Channel 9, Digital 33.2 and Satellite 252, 11:30 am WINM-TV 12/38 and DIRECTV Channel 377, Sun. and M 4:00 pm Comcast Channel 55 and FiOS Channel 25.

RELOCATION & REAL ESTATE

Mary Lou Thomas, Seniors Real Estate Specialist

14033 Illinois Rd., Ste. A, FW 46814**413-8141**

McCulloch Systems Inc.

515 E. Paulding Rd., FW 46816**441-8636**

Senior relocation specialist.

RESPIRE CARE

Temporary short term stay. Funding may be available through the Family Caregiver Program. Call Aging & In-Home Services of Northeast Indiana **745-1200**.

A Day Away Adult Daycare

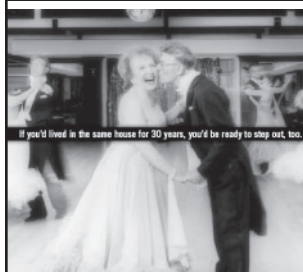
1701 Freeman St., Ste. 3, FW 46802**432-0011**

Respite 1 weekend each month.

Bethlehem Woods Nursing & Rehabilitation Center

4430 Elsdale Dr., FW 46835**485-8157**

Seniors Real Estate Specialist



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TO SLIP INTO
SOMETHING MORE
COMFORTABLE?



260-413-8141



Mary Lou Thomas

Just one call to Mary Lou will also put you in touch with legal, accounting and investment professionals who can help coordinate and advise you whenever you need them.

RESPIRE CARE

Canterbury Nursing and Rehabilitation Center 2827 Northgate Blvd., FW 46835	492-1400
Covington Manor Health & Rehabilitation 5700 Wilkie Dr., FW 46804	432-7556
Edna Isiorho RN Adult Foster Care 2419 Loganberry Cove, FW 46818	cell: 497-9908 or 418-9461
Emeritus of Fort Wayne (Village Oaks) 4730 E. State Blvd., FW 46815	484-0308
Englewood Health and Rehabilitation Center 2237 Engle Rd., FW 46809	747-2353
Georgetowne Place Retirement 1717 Maplecrest Rd., FW 46815	493-6927
Kingston at Dupont 1716 E. Dupont Rd., FW 46825	490-5111
Kingston Residence of Fort Wayne 7515 Winchester Rd., FW 46819.....	747-1523
Life Care Center of Fort Wayne 1649 Spy Run Ave., FW 46805	422-8520
Lutheran Life Villages 6701 S. Anthony Blvd., FW 46816	447-1591
Miller's Merry Manor 5544 E. State Blvd., FW 46815.....	749-9500
New Haven Care & Rehabilitation 1201 Daly Dr., New Haven 46774	749-0413
ResCare Adult Day Care Services 3711 Rupp Dr., Ste. 106, FW	483-2888
Riverbend Health Care Center 7519 Winchester Rd., FW 46819.....	747-7435
2011	GUIDE TO SENIOR SERVICES75

RESPIRE CARE

Summit City Nursing and Rehabilitation

2940 N. Clinton St., FW 46805484-0602

The Cedars

14409 Sunrise Ct., Leo 46765627-2191

The Hearth at Sycamore Village

611 W. County Line Rd. South, FW 46814625-4025

University Park Nursing Center

1400 Medical Park Dr., FW 46825484-1558

VA Northern Indiana Health Care System

2121 Lake Ave., FW 46805426-5431 ext. 71445

Woodview Healthcare

3420 E. State Blvd., FW 46805484-3120

SAFETY

Allen County Council on Aging (Telecare)

.....426-0060

Free person to person daily reassurance call for seniors from individually assigned volunteers. For seniors who live alone and have no one to check on them.

Safe at Home Emergency Registration System

.....469-3036

A registration program with emergency response services for seniors with special needs during an emergency, natural disaster, etc. See pages 86 and 87 for application.

Safenet Identification Program

.....469-3036

For individuals at risk of wandering. See page 71 for application.

SUPPORT GROUPS

Alcoholism:

Alcoholics Anonymous

2118 Inwood Dr., Room 112, FW 46815471-6262

SUPPORT GROUPS

Alzheimer's Disease:

Alzheimer's Association

6324 Constitution Dr., FW 46804420-5547
or 1-800-272-3900

Bereavement:

Mental Health America in Allen County

227 E. Washington Blvd., Ste. 300, FW 46802422-6441

Wellspring Interfaith Social Services

1316 Broadway, FW 46802.....422-6618

Brain Injury:

Parkview Home Health & Hospice

2200 Randallia Dr., FW 46805373-9765

Cancer:

Breast Cancer - Reach to Recovery

111 E. Ludwig, Ste. 105, FW 46825471-3911

Cancer Services of Northeast Indiana

6316 Mutual Dr., FW 46825484-9560

Lutheran Hospital Cancer Resource Center

7910 W. Jefferson, Ste. 109, FW 46804.....435-7959

Parkview Comprehensive Cancer Center

11141 Parkview Plaza Dr., FW 46845266-9100
or 1-800-758-4673

Diabetes:

FW Parks & Recreation Community Center

Diabetic Support Group

233 W. Main St., FW 46802427-6460

Dupont Resource Center

2512 E. Dupont Rd., Ste. 220, FW 46825416-3009

Support groups: Prostate Cancer, Diabetes, Crohns & Colitis,
Women's Heart.

Heart Disease and Stroke:

American Heart Association

7 pm on 4th T monthly. Allen County Public Library
Downtown, Globe meeting.485-9890

SUPPORT GROUPS

Multiple Sclerosis:

MS Support Group

7970 W. Jefferson Blvd., FW 46804622-4387

Kidney Diseases:

National Kidney Foundation of Indiana

5800 Fairfield Ave., Ste. 110, FW 46807456-0654

Parkinson's:

Parkview Rehabilitation Center

2200 Randallia Dr., FW 46805373-6450

Turnstone Center for Disabled Children & Adults

3320 N. Clinton St., FW 46805483-2100

Respiratory:

Better Breathers - Lutheran Hospital

7950 W. Jefferson Blvd., FW 46804435-7363

Cardio-Pulmonary Rehabilitation

Sexual Assault:

Fort Wayne Women's Bureau

3521 Lake Ave., Ste. 1, FW 46805424-7977

Stroke:

Parkview Hospital Rehabilitation Center

2200 Randallia Dr., FW 46805373-6465

Rehabilitation Hospital of Fort Wayne

7970 W. Jefferson Blvd., FW 46804.....435-6100

Visually Impaired:

League for the Blind and Disabled

5821 S. Anthony Blvd., FW 46816441-0551

Women:

Dupont Resource Center

2512 E. Dupont Rd., Ste. 220, FW 46825416-3009

Parkview Women's Health Services

11123 Parkview Plaza Dr., FW 46845672-6500

TAX PREPARATION ASSISTANCE

AARP – No appointments required unless stated.

Aboite Library

5630 Coventry Ln., FW 46804421-1310

Allen County Public Library

900 Library Plaza, FW 46802421-1200

Dupont Library

536 E. Dupont Rd., FW 46825421-1315

FW Parks and Rec Community Center

233 W. Main St., FW 46802427-6460

Georgetown Library

6600 E. State Blvd., FW 46815421-1320

Grabill Missionary Church

13637 State St., Grabill 46741627-2962

Hessen Cassel Library

3030 E. Paulding Rd., FW 46806421-1330

Lutheran Life Villages

6701 S. Anthony Blvd., FW 46816447-1591

New Haven Library

648 Green St., New Haven 46774421-1345

Pontiac Library

2215 Hanna St., FW 46803421-1350

Senior Circle – St. Joseph Hospital

700 Broadway, FW 46802425-3087

Shawnee Library

5600 Noll Ave., FW 46806421-1355

Waynedale Library

2200 Lower Huntington Rd., FW 46819421-1365

Woodburn United Methodist Church

4300 Becker Rd., Woodburn 46797632-5313

Volunteer Center @ RSVP –424-3505

Free Tax Preparation Sites: January 30 through April 15

Community Action of Northeast Indiana (CANI)

227 E. Washington Blvd., FW 46802Call 211

M, T and W 6 pm – 8 pm; Sat 9 am – 1 pm.

Euell A. Wilson Center

1512 Oxford St., FW 46806456-2917

Appointments available M – F.

TAX PREPARATION ASSISTANCE

League for the Blind & Disabled

5801 S. Anthony Blvd., FW 46806Call 211
or TDD call 744-0700

Th by appointments. Transportation may be provided.

St. Mary's Catholic Church

1101 S. Lafayette St., FW 46802Call 211
M, T and W Noon - 3 pm.

Indiana Department of Revenue

1415 Magnavox Way, FW 46804436-5663

TRANSPORTATION

AAA Taxi Service436-8294

A-1 Limousine & Taxi478-9910

Access Transportation & Mobility710-5582

Allen County Council on Aging424-2010

American Cancer Society471-3911

Cancer patient transport only.

Citilink Access

TTY communication 432-9051432-4546

Citilink Bus432-4546

Community Transportation Network (CTN)

TTY communication 1-800-743-3333420-3280

Companion Transportation338-4025

Deluxe Taxi426-8555 or 482-3634

Offering accessible vehicles.

Dina Care482-2700 or 482-2722

Gibson Mobility & Transportation493-8070

TRANSPORTATION

Home Is Where The Heart Is	348-5125
Red Wagon Transportation	657-5171
Ride Express	705-6440
St. Vincent DePaul Society Care Van	456-3561
Yellow Taxi Cab	422-1010

VETERANS SERVICES

Allen County Veterans Services Office	
1 E. Main St., Room 106, FW 46802	449-7861
Indiana Veterans Memorial	
Madison	1-812-273-9221
VA Northern Indiana Health Care System	
2121 Lake Ave., FW 46805	426-5431
Vet Center	
5800 Fairfield Ave., Worthman Office Mall, FW 46803	460-1456
Veterans Affairs Regional Office	
Indianapolis	1-800-827-1000
Veterans Cemetery/Burial	
Marion.....	1-765-674-0284

VISION IMPAIRED

Allen County Public Library Talking Book Program	
.....	421-1200
League for the Blind and Disabled	
5821 S. Anthony Blvd., FW 46816	441-0551

VISION IMPAIRED

Low Vision Center of Fort Wayne

62088 Constitution Dr., FW 46804432-0575

Matthew 25 Medical and Dental Clinic

413 E. Jefferson Blvd., FW 46802426-3250

Northeast Indiana Radio Reading Service.....421-1376

VOLUNTEER OPPORTUNITIES

Allen County Public Library421-1200

Volunteer Services office. Ask for NIAVA Guide to Volunteer Opportunities.

NeighborLink710-7611

Parkview Hospital & Parkview North Hospital

.....373-4343

Volunteer Center @ RSVP

3401 Lake Ave., Ste. #4, FW 46805424-3505

or 1-888-219-6868

For Volunteers: Ability to find meaningful and rewarding volunteer positions that utilize their skills, talents and passion for their personal cause. Free supplemental volunteer insurance, recognitions and training opportunities. Volunteers use their skills at more than 90 partner agencies in Allen county and at the following Volunteer Center's signature programs: Share the Warmth Coats for Kids, EITC Volunteer Income Tax Program, and the Homeland Security Volunteer Reception Center at times of local disasters. **For Agencies:** Recruitment and matching of exceptional volunteers for both long-term, short term and sporadic event needs. Free \$1,000,000 agency supplemental volunteer liability insurance. We offer the ability to publicize/recruit volunteer positions at www.volunteerfortwayne.org and agency newsletter. Email: infoRSVP@aol.com.

COSS expresses appreciation to the volunteer committee that worked hours to correct, edit and proof this publication. An additional thank you to our advertisers. The financial support of the advertisers makes the free distribution of this publication possible in our community.

Unwanted Medication Collection

Friday, April 29, 2011 and
Friday, September 23, 2011
9:00 AM - 1:00 PM



Bring expired medication (in their original bottles or packages) to locations for drop-off at these select Walgreen's Drug Stores:

- Clinton St. at St. Joe Center Rd.
- W. Jefferson at Getz Rd.
- Bluffton Rd. at Lower Huntington Rd.
- State St. at Wells St.
- Lincoln Highway W. at Brookwood (New Haven)
- Chapel Ridge at 10170 Maysville Rd.
- 1701 E. Paulding Road at South Anthony Blvd.
- Cook and Lima Roads
- Dupont and Tonkel Roads

Ongoing collection sites (for pills only) at:

- Indiana State Police Post (5811 Ellison Rd.)
- Allen County Sheriff (12535 Lima Rd.)
- Fort Wayne Police (1320 Creighton Ave.)
- New Haven Police (815 Lincoln Highway East)

For more information call

469-3036

www.agingihs.org

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CARE BENEFITS

Veterans' Benefits for Long Term Care

The VA provides home and community-based services to veterans. These medically necessary services include home care, hospice, respite care, assisted living, domiciliary care, geriatric assessments and nursing home care. The veteran must be enrolled in VA's health care system. Some of these services may be offered to veterans who do not have service-connected disabilities but who may qualify because of low income or because they are receiving pension income from VA. Call the VA Northern Indiana Health Care System at **426-5431**.

Aid and Attendance is an underused benefit. It is a special pension benefit for wartime veterans and their wives. Some who are not eligible for VA benefits because of income, may still be eligible for this benefit if they have large medical expenses. The benefit is for those receiving in-home care, inability to take care of bodily needs, or bedridden. They may also qualify because of mental injury or illness that requires regular assistance to protect them from the hazards in their daily environment. They may be living at home, in an assisted living facility, or a nursing facility. For additional information, call Allen County Veterans' Services at **449-7861** or access the internet at www.va.gov.

Long Term Care

Long term care is a variety of services that include medical and non-medical care to people who have a chronic illness or disability. It helps the individuals meet their health or personal needs. It often assists people with support services such as activities of daily living like dressing, bathing, and using the bathroom. These services can be provided in the home, in the community, in assisted livings, or in nursing facilities. Generally, Medicare does not pay for these long term care services, referred to as "custodial care." Medicare pays only for medically necessary skilled nursing and therapies in the home and for skilled care in nursing facilities.

Medicaid and Long Term Care

Medicaid is a combined State and Federal Government program that pays for certain health services and nursing home care for older people with low incomes and limited assets. It is an entitlement program which means that all who qualify for it will receive it. For information and to apply, call **1-800-403-0864** or access the internet at www.in.gov/fssa or www.ifcem.com.

Medicaid Waiver is the Medicaid program that pays for in-home long term care services. Income allowed in order to be eligible for this program is three times the amount allowed for the regular Medicaid program. This is not an entitlement program so there may be a waiting list for this program. Apply at Aging and In-Home Services of Northeast Indiana, **745-1200**.

PROGRAMS THAT ASSIST WITH PAYING FOR IN-HOME SERVICES

Community Home Options to Institutional Care for the Elderly and Disabled (CHOICE) program provides case management services, assessment, and in-home and community services to individuals who are at least 60 years of age or persons of any age who have a disability due to a mental or physical impairment and who are found to be at risk of losing their independence. CHOICE funds are provided by the State of Indiana to assist people with long term care needs to stay in their homes. Since this is targeted at middle income seniors, it has a graduated co-pay. The seniors must be willing to apply for Medicaid to have the determination and documentation that they are **ineligible** for Medicaid.

The program assists in paying for such services as adult day care, personal care, home health aide care, homemaker, handy chore, home delivered meals, therapies, personal emergency response, environmental modifications, specialized medical equipment and supplies, etc. Contact: Aging and In-Home Services of Northeast Indiana **745-1200**.

Medicaid Waiver for the Aged and Disabled program pays for services in the home, apartment, foster care, or assisted living settings as an alternative to care in a nursing facility. To be eligible, the senior must have need for assistance with their care that determines them to be a Nursing Facility Level of Care and Medicaid eligibility based on 300% of SSI amount. This means that to qualify for the Medicaid Waiver the senior is allowed approximately three times the maximum income required to qualify for Medicaid without the Waiver. Spousal impoverishment protection is the same as if the individual was in a nursing facility.

Covered services include: adult day care, adult foster care, assisted living, attendant care, case management, respite, transportation, specialized medical equipment and supplies, home delivered meals, homemaker, personal emergency response system, etc. Contact: Aging and In-Home Services of Northeast Indiana **745-1200**.

Family Caregiver Respite Care program provides assistance in paying for respite for relief of a caregiver who is caring for a senior 60 years of age or older. This is a federal program focused on helping the caregiver to get relief from the demands of caregiving. There are no income guidelines. Contact: Aging and In-Home Services of Northeast Indiana **745-1200**.

Safe at Home Program

What is Safe at Home?

Safe at Home is a program designed as a safety measure for those with special needs during times of an emergency, natural disaster, etc. For example, say that the city experiences a flood and Aunt Sue lives alone in the projected flood area. She uses a walker and requires oxygen to survive. How will she get the help she needs or get evacuated in a timely manner? This program can assist Sue and her loved ones in taking care of her. Also this program may assist the Fire, EMS, and Police in locating an individual inside a residence that has fallen by giving them contact names of persons with keys to the residence. This would prevent these agencies from knocking down a door unnecessarily, thus preventing unwanted damage and allowing the police to return to their duties quicker instead of having to wait for someone to secure the residence.

How does someone enroll?

Loved ones with a power of attorney over a family member or the family member themselves may request a volunteer from the Volunteer Center meet with them to fill out the application, or the following 2 page form may be completed and mailed in. The information will then be added to the system that Fire, EMS, and Police use. If an emergency occurs, public safety official will then be able to access the information and respond accordingly. To contact the TRIAD, please call (260) 469-3036 or visit our website: www.agingihs.org.

Safe At Home Application

Full Name: _____

Address: _____

DOB: _____

ZIP: _____ Keyless entry: Yes/No _____ Entry Code: _____

Home Telephone: _____

Alternate telephone: _____

Work telephone: _____

Family Physician Name: _____

Physician Telephone: _____

Major medical or physical disabilities: _____

Special Medical Needs (Example: oxygen tanks): _____

Where will you go if you need to leave your home in an emergency? (Please include the address) _____

Do you have any have any pets? Yes/No What Kind? _____

Power of Attorney: _____

Telephone: _____

The information provided is for EMS, fire, and law enforcement purposes only and will only be used in those emergencies deemed necessary in order to protect or help the applicant. This information will not be released to outside sources, however it may be collected by appropriate volunteers from the Allen County TRIAD. Your participation in this program is voluntary.

Signature: _____ Date: _____

Witness Signature: _____

Printed name: _____ Relationship: _____

Complete all pages of application



Emergency Contact or Key Holders

Name: _____

Address: _____

Indiana (Zip) _____ Keys to residence: YES / NO

Home Telephone: _____

Work Telephone: _____

Cell Phone: _____

Pager: _____

Email: _____

Name: _____

Address: _____

Indiana (Zip) _____ Keys to residence: YES / NO

Home Telephone: _____

Work Telephone: _____

Cell Phone: _____

Pager: _____

Email: _____

Name: _____

Address: _____

Indiana (Zip) _____ Keys to residence: YES / NO

Home Telephone: _____

Work Telephone: _____

Cell Phone: _____

Pager: _____

Email: _____

Name: _____

Address: _____

Indiana (Zip) _____ Keys to residence: YES / NO

Home Telephone: _____

Work Telephone: _____

Cell Phone: _____

Pager: _____

Email: _____

Please mail to: 2927 Lake Ave., Fort Wayne, IN 46805.

Vounteers are available to assist with this form by calling (260) 469-3036.

COSS Membership List

AARP Chapter #187	Mattie Hopkins.....	456-6818
A Day Away Adult Day Care	Stephanie Stilabower.....	432-0011
Ace Medical Supply	Janelle Ford.....	437-9239
Aging and In Home Services	Sylvia Wade	745-1200
Allen County Council on Aging	Gina Gibson	426-0060
Assistives, LLC	Cindy Atkinson	750-8520
Bethlehem Woods	Andy Westerfield	485-8157
Boeglin, Troyer & Gerardot	Kathleen Skiba	486-6016
Brightstar	Steve Zishka.....	918-0933
Business People	Deb Fulton	497-0433
Canterbury Nursing & Rehabilitation Ctr.	Kathy Lewis.....	492-1400
Caregiver's Home Health Care	Deb Jones	969-6591
Caregivers Consultants	Gamilya Scott.....	484-4212
Comfort Keepers.....	Matt Anders or Brenda Tunin	484-5858
Community Transportation Network	Becky Weimerskirch	420-3407
Companion Lifeline	Ryan Page	459-9900
Coventry Meadows	Christy Naylor	432-4848
Covington Commons	Shari Rivera	432-1932
Dorian Maples & Associates	Linda Zemanek	918-1141
Emeritus of F.W. (Village Oaks)	Pamela Ondercin.....	484-0308
Englewood Health & Rehabilitation	Valerie O'Brien	747-2353
Family Hospice & Palliative Care	Olivia Reeves	1-800-355-2817
Fort Wayne Medical Society	Win Rood.....	420-1011
Fort Wayne Parks and Rec	Chuck Reddinger.....	427-6465
Forensic Advocacy for Elders (FACE) ..	Sharon Robison	423-2222
Gemmer Care Management	Nancy Gemmer	486-5302
Glenbrook Rehabilitation	Andy Westerfield	482-4651
Happy Toes	Peggy Roehm	710-0056
Harbour Assisted Living	Sherry Burkholder	471-3110
Health Visions	Peggy Hayes	745-1600
HearCare Audiology.....	Angelina Boungou	485-1231
Heartland Home Health & Hospice	Stephanie Walker	484-6818
Heritage Park.....	Greg Hevel.....	484-9557
Home Is Where The Heart Is	Michelle Starnes	244-1951
Home Health Depot	Nick Harrison.....	267-3514
Home Nursing Services.....	Gina Yonkman.....	424-1237
Homebound Meals.....	Judy Gregg.....	422-3296
Interim Homestyle Services	Renee Nelson	969-5991
Kingston at Dupont	Jill Headrick.....	490-5111
League for the Blind & Disabled	Linda Scribner	441-0551
Life Care Center	Kristin Pfeifer	422-8520
Lutheran Life Villages	Yvette Luster-West	447-1591
Lutheran Life Villages HomeCare	Bonnie Wacker	447-1591
MacDonald Insurance	Greg MacDonald	496-9229
Markle Health & Rehab.....	Vicki Shepherd	758-2131
McCulloch Systems	Rick Regendanz	441-8636
National Active & Retired Federal Employees ..	Allen Lauer.....	422-7925

COSS Membership List

National Active & Retired Federal Employees	Jean Lauer	422-7925
Neno Design	Tony Headrick	585-5331
New York Life Insurance	Neil Bryson or Joel Haningan	416-5776
Nightingale Home Health & Hospice	Judi Sturgis-Ridgway	490-3330
Northeast Indiana Radio Reading Service	Lisa Bordner	421-1375
Ossian Health & Rehabilitation	Stacie Little	622-7821
Park Center	Roxsandra Clemons-McFarthing	482-9125
Park Place Senior Living	Dick Hamman or Kristi Hamlin	480-2500
Parkview Senior Health Services	Vicki Morreale.....	373-7209
Personal Care Medical Supplies	Lora Acker	483-7720
Professional Organizer	Renee Connor	615-9158
ResCare Adult Day Services	Barbara Porter	483-2588
Seasons Home Care	Curt Hermann	417-7270
Senior Helpers	Rob Chase	422-0054
Springer Elder Law	James Springer	747-7224
Summit Home Health	Tim Wunderlich	490-6535
The Hearth at Sycamore Village	Kristi Maloney	625-4025
Three Rivers Ambulance Authority	Jim Berger	423-1436
Trahin Insurance Sales	Cindy Trahin	625-3208
Trails Edge Apartments	Dee Somkot.....	483-1600
Turnstone Center for Children & Adults	Tina Acosta	483-2100
Visiting Nurse & Hospice Home.....	Gail Cousino.....	435-3222
Volunteer Center @ RSVP	Jean Joley	924-3503
Volunteer Center @ RSVP	Suzi James.....	456-9294
Woodview Healthcare & Assisted Living	Joanna Harris.....	483-4343
Universal Home Health.....	Lindsey Broyles	436-2902

COSS MEMBERSHIP APPLICATION

Name: _____

Business/Agency: _____

Street Address/PO Box: _____

City/State/Zip Code: _____

Telephone: _____

E-Mail Address (if applicable) _____

Membership Category (check the appropriate block)

Individual _____ \$25.00

Corporate _____ \$25.00

Non-Participatory _____ \$25.00

Contribution/Donation \$ _____

Committee Interest (if applicable)

_____ Program _____ Membership _____ Finance
 _____ Guide to Senior Services/Publicity _____ Special Projects/Education

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Alzheimer's Unit



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260.747.2353

COSS Grant Criteria

The program request must follow the Mission Statement of the Council on Senior Services...To promote the service and benefits of seniors in Northeast Indiana through a network of individuals and organizations providing some type of service to our maturing population.

A maximum total amount will be awarded annually via the COSS grant process. The amount requested and the annual maximum award per organization is not guaranteed. The awarded amount will be determined by the COSS Board of Directors.

The focus of each request should mirror the purposes of the Council on Senior Services. These purposes include providing education, information and advocating for seniors. These purposes are to be accomplished using a grassroots approach. Grant recipients are notified and checks are awarded at the November membership meeting.

In order to continue to qualify for subsequent grant awards, a written report evaluating the event will be required by the COSS Board of Directors by May 1st. There will also be an opportunity to provide an oral report to the general COSS membership at the May meeting.

Deadline for grant requests is October 1st.

Council on Senior Services Grant Application

Date of request_____

Name of organization_____

Address:_____

Phone:_____

Fax:_____

Contact Person:_____

Title:_____

Brief description of your organization (its purpose, services, accomplishments):

Geographic area served:_____

Number of people served:_____

Major sources of funding:_____

Time period the grant covers:_____

If grant request is for a specific project, please describe (include purpose, need for project, and time period):_____

Please return the completed application by October 1 to:

COSS

Special Projects Committee, 709 Clay Street, Suite 300

Fort Wayne, IN 46802

Senior Care Terminology Glossary

Activities of Daily Living (ADL's) - Bathing, dressing, eating, walking and all necessary activities required to function on a daily basis.

Advance Directives - Legal documents outlining how a person's medical decisions are to be handled including living will, power of attorney for health care and health care representative.

Adult Protective Services (APS) - The official agency mandated to receive investigate, and respond to complaints of neglect and abuse of the elderly.

Ambulatory - The ability to walk freely and independently.

Assisted Living (AL) - Housing for an elderly or disabled person that provides room, meals and various levels of care.

Assessment - An evaluation performed of a person's mental, emotional and social capabilities.

Do Not Resuscitate (DNR) - A written and legal order that a patient does not want to be resuscitated.

Dementia - A group of symptoms that accompanies certain diseases. A loss of thinking, remembering, and reasoning. May also include behavioral changes and moods.

Durable Medical Equipment (DME) - Reusable medical equipment such as walkers, wheelchairs and hospital beds.

Durable Power of Attorney (DPOA) - A legal document giving another person authority to make

financial and legal decisions if a person becomes physically or mentally incapable.

Geriatrics - Medical specialty of treating the problems and diseases of old age.

Medicaid - A jointly funded state and federal program to assist those with a financial need with medical care.

Medicare - A federal insurance program for those age 65 and over or disabled.

Nurse Practitioner (NP) - A professional registered nurse who has special training to provide primary healthcare.

Palliative Care - Care provided to manage pain and make the patient as comfortable as possible.

Support Group - A group, usually family members or caregivers that meet for mutual support and to discuss practical means of addressing their loved one's needs.

Long Term Care (LTC) - A term used to describe care given in the form of medical and support services to people who have lost some or all of their capacity to function without assistance.

Memory Care - Special programs dedicated to caring for those with Alzheimer's Disease, dementia or other cognitive impairments. Usually services include group activities, socialization and assistance with ADL's.

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